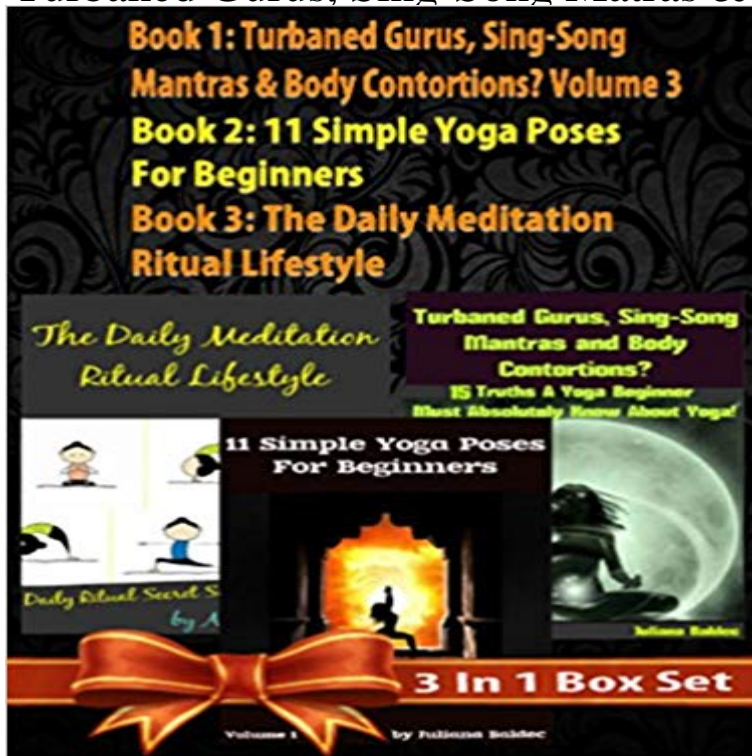


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Gain more time out of your day and your life and discover the intriguing new way of practicing Yoga and meditation for more happiness, insight, healthy and productivity that even works for you if you only have 5 minutes per day and are a very busy person. Inside this amazing and exciting new book compilation of 3 books you will be discovering how to empower and enrich your body and mind and become a more productive and more successful YOU!

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- * The Yoga-Meditation Connection
- * The Basic Yoga Sutras For Beginners
- * Yoga Poses For Busy People
- * The Body Mind Connection
- * Awesome Yoga Ways For Beginners
- * Meditation Techniques For Happiness, Health & Inner Wealth much more...

Imagine if there was a guide that showed you the secret insights and knowledge that the Yoga and

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